



# NEPENTHE NEWS

## From the Board

### Use of Roundup

The Board has unanimously agreed to continue the use of RoundUp for weed abatement. Nepenthe will continue our policy of giving residents 48 hours notice before RoundUp is used in their zone.

This was a difficult decision for the Board to make. However, in the absence of any action to ban RoundUp by either the City or the State, the Board could not justify inflicting the financial and aesthetic costs on the Nepenthe community by abandoning RoundUp for weed control at this time. The Board will continue to monitor developments around this issue.

Christina George, Board President

### New General Manager



A Great Big Welcome to our new General Manager, Dawn Robinson.

Dawn has been in the real estate industry since 2000 and an employee of

First Service Residential for the past year. Since joining Nepenthe on August 19, 2019, she has already assisted the community with extraordinary care and directive with open and consistent communication.

If you have not had a chance to meet Dawn, please be sure to stop by the clubhouse to say hello.

### Jazz by the Pool!

Join us for the FINAL NIGHT of "Jazz by the Pool" concert series at Nepenthe.

Bring your friends or the whole family!

The event will be held at the Nepenthe Clubhouse main pool deck.

It's a fun and music filled evening that is sure to please.

We hope to see you all there!

**Last Sunday of September at 6 PM**

09/29/2019

Gates open at 5:30 PM

Music is from

6:00 to 7:30 PM

\$10 residents with glass of wine with ticket

\$12 non residents/ guests

All welcome!

**BYOS - BRING YOUR OWN SIDE DISH**

Please no glass of any kind.

## Attention Pool and Spa Swimmers!!!

It has been brought to the attention of Management, that many pool and spa go-ers have been violating the pool/spa rules this Summer swimming season.

\*\*\*If you see someone that is not abiding by the pool or spa rules please feel free to inform them of the policy outlined below or inform the office staff for further action by the association.

As a reminder, the following applies to all Nepenthe pools, spas and areas enclosed by fencing:

- ◆ Pools, spas and pool areas are restricted to Nepenthe residents and their guests.
- ◆ Nepenthe residents must accompany their guests in and around the pool areas.
- ◆ Residents are limited to 4 guests per residence.
- ◆ Children under 6 are not permitted in the spa. While in the spa, children aged 6-12 should be closely supervised.
- ◆ Pregnant women, people with health problems and people using alcohol, narcotics and other drugs that cause drowsiness should not use the spa without first consulting a doctor. Long exposure to hot temperatures can cause dehydration, dizziness and nausea.
- ◆ Quiet hours are from 7:00 pm to 10:00 pm to minimize disturbing residents who live near the pools.
- ◆ Lap pool is for swimming laps only.
- ◆ For guests who require swim pants or swim diapers, please use best practices which include checking the pants/diapers every 30-60 minutes and changing pants/diapers in the restrooms to allow for handwashing afterwards.
- ◆ Food is permitted in plastic containers only and waste is to be disposed of in the provided trash receptacles. Food is only permitted on the pool deck and not the in the pool.
- ◆ Beverages are allowed in plastic containers only.
- ◆ Masks, goggles, swim fins, safety rings and small plastic inner tubes for infants are allowed. All other items, including lap boards, snorkels, bikes, toys, balls, and pool games are prohibited.
- ◆ Pets are not allowed in the pools or pool area.
- ◆ Running, rough housing and obnoxious behavior are prohibited.
- ◆ Acceptable swimming attire only – cutoffs, non-swimming shorts, etc. are not permitted.
- ◆ Smoking and “vaping” are not permitted.

The Nepenthe Clubhouse Staff and/or the Nepenthe Patrol Service have the responsibility and the final authority to interpret and enforce pool, spa and pool area rules.

Pool Hours for Nepenthe Residents and Guests 7:00 am-10:00 pm daily

Staff and/or patrol are authorized to deny use of the facilities based on these criteria.

## pets Of Nepenthe

**This adorable pooch pictured below is Maple! Maple is an adorable Labradoodle. Her owners are Kevin and Harper.**



**Show us your furry family!  
In 2019's monthly Nepenthe News we want to feature pictures of the adorable Nepenthe pets you love.**

**All pet pictures welcome; Dogs, cats, hamsters, reptiles, birds or whatever kind of pet you know and love. We want to see them!**

### Important Dates for September

- \* Nepenthe Book Club .....9/09 @ 3:30pm
- \* ISLegal Committee Meeting.....09/10 @ 5:00pm
- \* ARCommittee Meeting.....09/10 @ 5:30pm
- \* Finance Committee Meeting.....09/24 @ 4:30pm
- \* Grounds Committee Meeting.....09/19 @ 3:00pm
- \* Outreach Committee Meeting.....09/18 @ 4:00pm
- \* 2019 Community Parking Lot Sale.....09/21 @ 8:00pm
- \* July Jazz by the Pool Event.....09/29 @ 6:00pm

### Weekly at the Clubhouse

- \* Fridays - Social Yoga.....9:00am-10:30am
- \* Pickle Ball - See Calendar
- \* Bridge - See Calendar

**Events Dates / Times subject to cancellation or changes.  
(Check website calendar before attending events)**

# NEPENTHE OUTREACH COMMITTEE

## Building Community

From hop fields to urban forest with active residents, the rich soil of Campus Commons provides the basis for the forested setting that we enjoy daily and also good ground for a lively community. I can attest that this community is an ideal place to grow friendships as well.

### Seniors

Many people moved here when the area was first developed and have never left. They and others who relocated after retiring became a large portion of seniors that comprise a substantial block of Campus Commons residents. Social scientists, per author Peter Lovenheim, find neighborhood ties are half as strong as they were in the 50's. An American Society of Aging article by Janice Blanchard cites the plague of loneliness, helplessness and boredom that can lead to functional decline and hasten death of elders. To counteract these debilitating conditions, friends may be the key. 'Crucial to building relationships is an asset-based approach to community development that creates a custom social architecture which builds on individual and group gifts, interests and experience while addressing the challenges and needs of the community and individuals.' (Kretzmann and McKnight, 1993).

### Families with Children

Not as visible, but a significant group, are the families that find Campus Commons so convenient. Small children have green spaces, swimming pools and playgrounds to help them develop and thrive. Their needs have a champion in Nepenthe Outreach Committee member, Cheryl Nelson, herself the grandmother of a 3 year old, who has a head full of ideas to delight the kids and a substantial list of those activities are in the planning stages.

### Residents Say

Being a beneficiary of the open-armed friendliness of this community, I asked some of my neighbor friends for their opinions of living here. Gerry said "I have a sense that if I need something, all I have to do is ask my neighborhood friends. That's very reassuring." Judy related that she was asked if she would move back to her former single family neighborhood and says "there's

no way that I would give up what I have here in support and friendships." Cheryl noted that the community provides opportunities for all ages to play and learn together and allows for a space where creative interaction between generations can thrive. Bill went further in his satisfaction with life in Nepenthe. "Following a total upheaval in life as I knew it, I moved from our family home of 35 years into Nepenthe, knowing no one. I loved the peace and beautiful surroundings but quickly became lonely. Almost immediately I started attending Saturday morning coffee and started to volunteer and made friends with so many wonderful folks with diverse backgrounds and life experiences which has made my life marvelous."

### Outreach

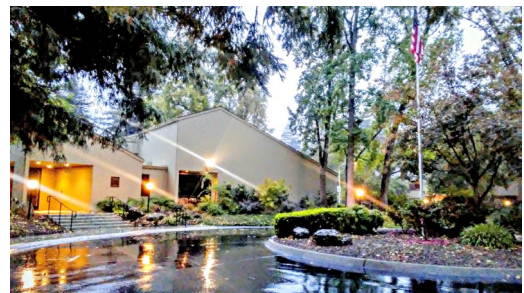
The Nepenthe Outreach Committee, newly headed by longtime volunteer, Pam Livingston, is outlining plans to bring residents together to enjoy our beautiful spaces and wonderful neighbors. Besides the informative Homeowner Forums that the committee presents and supports, there are plans for family activities, holiday parties, trips and entertainment opportunities under discussion. Pam Livingston is available for questions about committee membership, volunteering for task force signups and suggestions for the group to consider. She can be reached by email <PJLRGL@gmail.com> or phone 916-802-6361

*-Written by Joan Barrett, Outreach Committee Secretary*

**Not interested in committing to the committee as a member, but still want to help out occasionally?**

**All Help Is Welcome!**

**Send an email to the Committee Chair, Pam Livingston at [PJLRGL@gmail.com](mailto:PJLRGL@gmail.com). Pam can go over the upcoming events and opportunities to contribute.**



## New Front Door Colors!

Interested in changing or updating the color of your front door?

The Architectural Review Committee has added (8) eight new colors for the front door paint options. All are available for viewing at the Nepenthe office. Please come take a look and tell us what you think!

The Board officially approved these colors at the July Open Session meeting. We will soon have a printable sheet that will have each color and the batch numbers for each of them listed. These new and vibrant colors can be purchased at Home Depot and Dunn Edwards.



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Sacramento, CA 95825

Phone: 916-929-8380  
[Nepenthe.HOA@FSResidential.com](mailto:Nepenthe.HOA@FSResidential.com)

Office Hours:  
Monday–Friday 9:00 AM to 6:00 PM  
Saturday–Sunday 10:00 AM to 2:00 PM

[www.NepentheHOA.com](http://www.NepentheHOA.com)

## Management Staff:

Dawn Robinson, General Manager,

**[Dawn.Robinson@fsresidential.com](mailto:Dawn.Robinson@fsresidential.com)**

Christina Romero, Assistant Community Manager,

**[Christina.Romero@fsresidential.com](mailto:Christina.Romero@fsresidential.com)**

Nirmal Dhesi, Administrative Assistant,

**[Nirmal.Dhesi@fsresidential.com](mailto:Nirmal.Dhesi@fsresidential.com)**

FirstService Residential Customer Care Center: 1-800-428-5588

## Board of Directors:

Christina George, President, [President@NepentheHOA.com](mailto:President@NepentheHOA.com)

Linda Cook, Vice President, [VicePresident@NepentheHOA.com](mailto:VicePresident@NepentheHOA.com)

Jan Summers, Secretary, [Secretary@NepentheHOA.com](mailto:Secretary@NepentheHOA.com)

Will Vizzard, Treasurer, [Treasurer@NepentheHOA.com](mailto:Treasurer@NepentheHOA.com)

Greg Beale, Member at Large, [Director@NepentheHOA.com](mailto:Director@NepentheHOA.com)

# Committees

**Board of Directors  
Open Session Meeting  
5:30pm in the  
Clubhouse on the  
1st Wednesday of every  
month.**

**Architectural Review Committee**  
Chair: Jenny Smith  
[ARC@nepenthehoa.com](mailto:ARC@nepenthehoa.com)

**Elections Committee**  
Chair: Yvonne Del Biaggio

**Finance Committee**  
Chair: Joan Haradon  
[FinanceComm@nepenthehoa.com](mailto:FinanceComm@nepenthehoa.com)

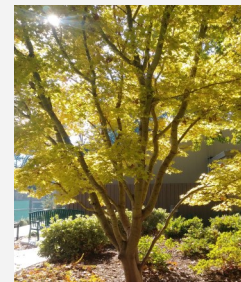
**Grounds Committee**  
Co-Chair: Don Landsittel  
Co-Chair: Joan Haradon  
[GroundsComm@nepenthehoa.com](mailto:GroundsComm@nepenthehoa.com)

**Insurance, Legal and Safety  
Committee**  
Chair: Nancy Arndorfer  
[ILS@nepenthehoa.com](mailto:ILS@nepenthehoa.com)

**Outreach Committee**  
Chair: Pam Livingston  
[Outreach@nepenthehoa.com](mailto:Outreach@nepenthehoa.com)

# Reminders

- ♦ Did you know that we have a bike rack in front of the clubhouse? It is available for all residents and is also recommended to use if you or your guests are utilizing the growingly popular rental bicycles. Please be courteous and **do not** store your bike or any rented bike on any light post or in the middle of walkways and sidewalks.



Happy September!

**What does that mean?**  
**ARC**= Architectural Review Committee  
**ILSC**= Insurance, Legal and Safety Committee  
**NTE**= Not To Exceed